



Dorothea Dix Park Spring Programs + Classes

Every Monday + Wednesday

Yoga in the Park

6pm - 7pm | Flowers Field

Enjoy the nature and tranquility of Dix Park with a yoga class to increase strength and flexibility. All fitness levels welcome!

Beginning March 14

Select Wednesdays

Kindermusik

9:15am - 12:15pm | The Chapel

Music classes for families from KinderVillage. It's not about making little Mozarts, it's about developing skills in the whole child! Registration Required.

Weekly, April 27 - May 18

Multi-Child Families (0-5 yrs) | 9:15am + 10:15am

Preschool Children (3-4 yrs) | 11:15am

Once A Month

Little Explorers: Preschool Nature Program

11am - 12pm | Oak Lawn

Preschoolers will have fun learning about animals and nature at the park with stories, games, songs, and live creatures. Registration is required.

A Shell for a Home | Monday, March 7

Tale of the Tadpole | Monday, April 11

Eye Spy | Monday, May 23

Every Thursday

Tai Chi in the Park

6pm - 7pm | Flowers Field

Tai Chi is a series of slow, continual movements that helps you find inner calm and balance. All fitness levels welcome!

Beginning March 17

Once A Month

Birdwatching

8am - 10am | Meet at Flowers Cottage

Learn about the resident and migrant birds of Dix Park and sharpen your bird identification skills.

Saturday, March 26

Saturday, April 23

Saturday, May 28

Twice A Month

Connect + Create: All Ages Art Classes

5:30pm - 7pm | The Chapel

In partnership with Artspace, we invite you to make some art at the park! Materials included. Registration Required.

Tapestry Weaving | Tuesday, March 8

Fabric Collage Totes | Tuesday, March 22

Crocheted Gardens | Tuesday, April 5

Sun Catchers | Tuesday, April 26

Drawing With an Eraser | Tuesday, May 3

Foraged Ink Drawing | Tuesday, May 24

All Programs, Classes
and Events Are Free!

Details + Registration
dixpark.org/calendar

Once A Month

Arts on the Hill

5:30pm - 8:30pm | The Chapel

Raleigh Film and Art Festival series spotlighting gifted filmmakers and spoken word poets with North Carolina roots.

Thursday, April 21

Thursday, May 19

Twice A Month

Explore Dix Park: Guided Walking Tours

1pm - 3pm | Meet at The Chapel

On this 3.5-mile walking tour you will encounter the beauty and uniqueness of our 308-acre site while learning about the past, present and future of Dix Park.

Saturday, March 19

Saturday, April 9

Saturday, April 30

Saturday, May 14

Saturday, May 28

EVENTS@DIXPARK.ORG | 919-996-3255 | DIXPARK.ORG

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Dorothea Dix Park Spring Events

Saturday, February 12

Valentine's Day Drive In Movie

7pm - 9:30pm | Big Field

Bring your special someone to Dix Park for a special drive-in movie under the stars!

5:30 pm | Event gates open

7:00 pm | The Big Sick begins

Saturday, April 9

Yappy Hour

11am - 3pm | New Dog Park

Join us for an afternoon of four-legged fun and the opening of the New Dog Park location in Dix Park, highlighted in the map below.

We'll have food and beer vendors, music, and local pet vendors.

Free programs and events are made possible thanks to Dix Park Conservancy donors.

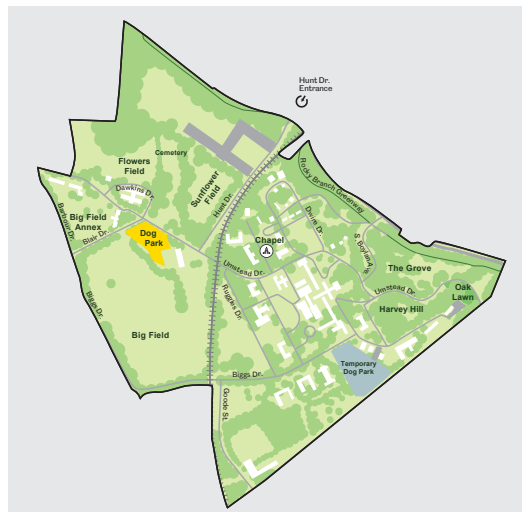
Saturday, March 12

Wings Community Picnic

11am - 2pm | Harvey Hill

Join us to celebrate the exhibit's time in Raleigh, Mexican culture, and build community through art. Enjoy live music and food.

dixpark.org/wings



Saturday, May 14

Civil War History Hike

10am - 12pm | Meet at The Chapel

Learn about the Union troops who camped on the state hospital grounds, Raleigh's earthworks, and the impacts of the Civil War on the hospital and patients. Led by City of Raleigh Museum Director, Ernest Dollar.

Saturday, March 19

Teddy Bear Picnic

10:30am - 11:30am | Chapel Event Lawn

Our friends from KinderVillage Music School invite families - and stuffed animal friends - to enjoy singing, dancing, playing instruments and more! (Ages 2-8 yrs)

Sunday, May 15

Skywatching

9:30pm - 12am | The Big Field

Look through telescopes with Morehead Planetarium to view the night sky including a total lunar eclipse. Triangle Sax Ensemble will be playing stargazing tunes!

Dorothea Dix Park continues to strive to be accessible and welcoming for visitors, including those with disabilities. Currently, outdoor areas, including some park spaces where programs and events occur, have uneven surfaces and are not fully accessible. Accessibility is a primary focus for all future park planning and development. Interested in attending a program or event? Raleigh Parks Inclusion Services works with community members to support participation. Contact us for more information.